John Hancock Advisers, LLC

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NEWS

FOR IMMEDIATE RELEASE

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JOHN HANCOCK HEDGED EQUITY & INCOME FUND REQUIRED NOTICE TO SHAREHOLDERS – SOURCES OF DISTRIBUTION UNDER SECTION 19(a)

BOSTON, MA (June 28, 2013) – John Hancock Hedged Equity & Income Fund (NYSE: HEQ) (the "Fund"), a closed-end fund managed by John Hancock Advisers, LLC (the "Adviser"), and subadvised by Wellington Management Company, LLP (the "Subadviser"), announced today sources of its quarterly distribution of \$0.3230 per share payable today to all shareholders of record as of June 13, 2013. This press release is issued as required by an exemptive order granted to the Fund by the U.S. Securities and Exchange Commission.

This notice provides shareholders of the John Hancock Hedged Equity & Income Fund (NYSE: HEQ) with important information concerning the distribution declared on June 3, 2013 and payable on June 28, 2013. No action is required on your part.

Distribution Period: June 2013
Distribution Amount Per Common Share: \$0.3230

The following table sets forth the estimated sources of the current distribution, payable June 28, 2013, and the cumulative distributions paid this fiscal year to date from the following sources: net investment income; net realized short term capital gains; net realized long term capital gains; and return of capital or other capital source. All amounts are expressed on a per common share basis and as a percentage of the distribution amount.

				% Breakdown
				of the Total
			Total Cumulative	Cumulative
	Current	% Breakdown	Distributions for	Distributions
	Distribution	of the Current	the Fiscal Year to	for the Fiscal
Source	(\$)	Distribution	Date (\$) ¹	Year to Date ¹
Net Investment				
Income	0.0402	12%	0.0688	11%
Net Realized Short				
Term Capital				
Gains	0.0000	0%	0.0000	0%
Net Realized Long				
Term Capital				
Gains	0.0000	0%	0.0000	0%
Return of Capital or				
Other Capital				
Source	0.2828	88%	0.5772	89%
Total per common				
share	0.3230	100%	0.6460	100%

¹ The Fund's current fiscal year began on January 1, 2013, and will end on December 31, 2013.

Average annual total return (in relation to NAV) for the period commencing on May 26, 2011 and ending on May 31, 2013	6.99%
Annualized current distribution rate expressed as a percentage of NAV as of May 31,	
2013	6.80%
Cumulative total return (in relation to NAV) for the fiscal year through May 31, 2013	10.35%
Cumulative total feturii (iii fetation to tvA v) for the fiscal year through way 51, 2015	10.3370
Cumulative fiscal year to date distribution rate expressed as a percentage of NAV as of	
May 31, 2013	3.40%

You should not draw any conclusions about the Fund's investment performance from the amount of this distribution or from the terms of the Fund's managed distribution plan.

The Fund estimates that it has distributed more than its income and net realized capital gains; therefore, a portion of your distribution may be a return of capital. A return of capital may occur, for example, when some or all of the money that you invested in the Fund is paid back to you. A return of capital distribution does not necessarily reflect the Fund's investment performance and should not be confused with "yield" or "income."

The amounts and sources of distributions reported in this Notice are only estimates and are not being provided for tax reporting purposes. The actual amounts and sources of the amounts for tax reporting purposes will depend upon the Fund's investment experience during the remainder of its fiscal year and may be subject to changes based on tax regulations. The Fund will send you a Form 1099-DIV for the calendar year that will tell you how to report these distributions for federal income tax purposes.

The Fund has declared this distribution pursuant to the Fund's managed distribution plan (the "Plan"). Under the amended Plan, the Fund will make a quarterly distribution of an amount equal to \$0.3230 per share, based upon an annual distribution rate of 7.25% of the Fund's net asset value ("NAV") of \$17.82 on July 31, 2012 (representing a quarterly distribution rate of 1.8125% of the Fund's July 31, 2012 NAV). The amount will be paid quarterly until further notice.

If you have questions or need additional information, please contact your financial professional or call the John Hancock Funds Closed-End Fund Information Line at 1-800-843-0090, Monday through Friday between 8:00 a.m. and 7:00 p.m., Eastern Time.

Statements in this press release that are not historical facts are forward-looking statements as defined by the United States securities laws. You should exercise caution in interpreting and relying on forward-looking statements because they are subject to uncertainties and other factors which are, in some cases, beyond the Fund's control and could cause actual results to differ materially from those set forth in the forward-looking statements.

An investor should consider a Fund's investment objectives, risks, charges and expenses carefully before investing.

Wellington Management Company, LLP is an independent and unaffiliated investment subadviser to John Hancock Hedged Equity & Income Fund.

About John Hancock Mutual Funds

The Boston-based mutual fund business unit of John Hancock Financial, John Hancock Mutual Funds, managed more than \$91 billion in open-end funds, closed-end funds, college savings plans, retirement plans, and related party assets for individual and institutional investors as of March 31, 2013.

About John Hancock Financial Services, Inc. and Manulife Financial Corporation

John Hancock Financial is a division of Manulife Financial, a leading Canada-based financial services group with principal operations in Asia, Canada, and the United States. Operating as Manulife Financial in Canada and Asia, and primarily as John Hancock in the United States, the company offers clients a diverse range of financial protection products and wealth management services through its extensive network of employees, agents, and distribution partners. Funds under management by Manulife Financial and its subsidiaries were \$555 billion (US\$547 billion) as of March 31, 2013.

Manulife Financial Corporation trades as MFC on the TSX, NYSE, and PSE, and under 945 on the SEHK. Manulife Financial can be found online at manulife.com.

The John Hancock unit, through its insurance companies, is one of the largest life insurers in the United States. John Hancock offers a broad range of financial products and services, including life insurance, annuities, fixed products, mutual funds, 401(k) plans, long-term care insurance, college savings, and other forms of business insurance. Additional information about John Hancock may be found at johnhancock.com.